

Olde World Bagel & Deli

Wholesale Product Information

This document contains a list of products sold on a wholesale basis by Olde World Bagel & Deli and the ingredients contained in each product. It is provided to wholesale customers in lieu of individual product labels that would be impractical for single and/or unwrapped items. However, the document will be useful in dealing with customer questions and/or issues relating to Olde World Bagel products.

Where possible and available, the document also includes nutritional information for specific products.

Wholesale customers requiring additional product support, may contact Olde World Bagel & Deli via the following contact information:

Olde World Bagel & Deli

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Olde World Bagel is registered with the State of Colorado Department of Public Health and Environment as a Wholesale Food Manufacturing and Storage Facility (registration # 11486).

Item: **Cinnamon Roll**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), water. sugar. yeast, margarine (partially hydrogenated soybean and cottonseed oil, water nonfat milk, cultured nonfat milk, salt, mono- and diglycerides, soy lecithin, vitamin A palmitate, artificial color, artificial flavor), partially hydrogenated soybean and cottonseed oil, soybean oil, high fructose corn syrup, cinnamon, modified corn starch, monoglycerides, eggs, salt, molasses, sodium stearoyl lactylate, corn starch propionic acid (preservative) artificial flavor, ascorbic acid.

Cinnamon, Sugar, Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla
Contains WHEAT, EGG, MILK and SOY ingredients

Item: **Croissants**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), nonfat milk, unsalted butter, sugar, yeast, salt, vital wheat gluten, water. Contains less than 1% of dough conditioner (date water. sugar. yeast, margarine (partially hydrogenated soybean oil, soy lecithin, canola oil, ascorbic acid), yeast nutrients (calcium carbonate, ammonium chloride).

Contains WHEAT, MILK and SOY ingredients

Item: **Quiche**

Ingredients:

Eggs, Citric Acid (to preserve color), Enriched Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin), lard, water, dextrose, salt, Cheddar cheese.

Spinach Quiche: Spinach, Ham (cured with water, salt, dextrose, sodium phosphates, sodium erythorbate, sodium nitrate)

Veggie Quiche: Tomatoes, Green Peppers, Red Onion

Contains WHEAT ingredients

Item: **Brownies**

Ingredients:

Enriched wheat Flour (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, partially hydrogenated vegetable oil (soybean oil), corn syrup solids, cocoa processed with alkali, dry egg whites, corn starch, salt, soy lecithin, caramel color, dextrose, leavening (baking soda, sodium aluminum phosphate, aluminum sulfate), propylene glycol, artificial flavors, red 40, water, citric acid, sodium sulfate. Frosting: Powdered Sugar, Cream Cheese, Butter, Salt, Single Strength Vanilla.

Contains WHEAT, MILK, EGG and SOY ingredients

Item: **Coffee Cake**

Ingredients:

Cake: Ingredients: Enriched Bleached Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, partially hydrogenated soybean and cottonseed oils. Contains 2% or less of the following: sodium bicarbonate, sodium aluminum phosphate, aluminum sulfate, dextrose, salt, food starch-modified, eggs, propylene glycol monoester, monodiglycerides, sodium stearoyl lactylate, guar gum, yellow 5, yellow 6 lake, yellow 6, yellow 6 lake, natural and artificial flavors.

Streusel Ingredients: Sugar, Enriched Bleached Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), partially hydrogenated soybean and cottonseed oils, cinnamon. Contains 2% or less of the following: molasses powder, salt, silicon dioxide (prevents caking), artificial flavors (contains milk derivatives, soy lecithin).

Frosting: Powdered Sugar, Cream Cheese, Butter, Salt, Single Strength Vanilla.
Contains WHEAT, MILK, EGG and SOY ingredients

Item: **Calzone**

Ingredients:

Bagel: Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Filling: Mozzarella Cheese, Parmesan Cheese, Pizza Sauce (Crushed Tomatoes, Salt, dried sweet leaf basil), Pepperoni, Ham, Bacon, Breakfast Sausage, Italian Seasoning (spices).

Contains WHEAT ingredients

Bagel

Item: **Dog**

Ingredients:

Bagel: Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Hot Dog: Beef, Water, Sorbitol, Salt, Flavorings, Sodium Phosphates, sodium erythorbate, sodium nitrate, extract of papyrika.

Contains WHEAT ingredients

Item: **Blueberry Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, butter (pasteurized cream), blueberries, cream cheese (pasteurized milk and cream cheese culture, salt, carob bean gum), sugar, high fructose corn syrup, yeast, corn syrup, food starch-modified, egg whites nonfat milk, salt, calcium propionate and potassium sorbate and potassium benzoate and benzoic acid and sodium propionate (as preservatives), calcium sulfate and ammonium sulfate (yeast nutrients), sodium citrate, citric acid, lactic acid, titanium dioxide (as color) corn starch, gellan gum, glucono delta lactone, propylene glycol, natural and artificial flavor, ascorbic acid (as dough conditioner), polysorbate 80, cellulose gum, glycerin, caramel color, yellow 5, yellow 6.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, and MILK ingredients

Item: **Strawberry Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, butter (pasteurized cream), strawberries, cream cheese (pasteurized milk and cream cheese culture, salt, carob bean gum), sugar, high fructose corn syrup, yeast, corn syrup, food starch-modified, egg whites nonfat milk, salt, calcium propionate and potassium sorbate and potassium benzoate and benzoic acid and sodium propionate (as preservatives), calcium sulfate and ammonium sulfate (yeast nutrients), sodium citrate, citric acid, lactic acid, titanium dioxide (as color) corn starch, gellan gum, glucono delta lactone, propylene glycol, natural and artificial flavor, ascorbic acid (as dough conditioner), polysorbate 80, cellulose gum, red 40, yellow 5, yellow 6, cellulose gum, glycerin.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, and MILK ingredients

Item: **Cheese Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, butter (pasteurized cream), cream cheese (pasteurized milk and cream cheese culture, salt, carob bean gum), sugar, yeast, food starch-modified, egg whites, nonfat milk, corn syrup, salt, calcium propionate and potassium sorbate and potassium benzoate and benzoic acid and sodium propionate (as preservatives), calcium sulfate and ammonium sulfate (yeast nutrients), sodium citrate, citric acid, lactic acid, titanium dioxide (as color) corn starch, gellan gum, glucono delta lactone, propylene glycol, natural and artificial flavor, corn starch, ascorbic acid (as dough conditioner), polysorbate 80, sodium citrate, gellan gum, cellulose gum, glycerin, yellow 5, yellow 6, caramel color.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, and MILK ingredients

Item: **Apple Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), water, butter (pasteurized cream), nonfat milk, water, sugar, high fructose corn syrup, apples (preseeded with sodium sulfate and sodium dioxide), egg whites, food starch-modified, corn syrup, salt, calcium propionate and sodium benzoate and potassium sorbate (as preservatives), ascorbic acid (dough conditioner), calcium sulfate and ammonium sulfate (yeast nutrients), citric acid, natural flavor, salt, corn starch, cellulose gum, spice.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, and MILK ingredients

Item: **Almond Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter (pasteurized cream), nonfat milk, sugar, water, yeast, margarine (palm oil, water, soybean oil, salt, mono- and diglycerides, colored with annatto, calcium disodium EDTA added as a preservative, artificial flavor, vitamin A palmitate added), almonds, egg whites, food starch-modified, salt, calcium propionate and potassium sorbate and sodium benzoate (as preservatives), ascorbic acid (dough conditioner), cellulose gel, caramel color, cellulose gum, natural and artificial flavor, corn starch, calcium sulfate and ammonium sulfate (yeast nutrients), citric acid, xanthan gum.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, SOY and MILK ingredients

Item: **Chocolate Danish**

Ingredients:

Enriched Wheat Flour Bleached (flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), butter (pasteurized cream), high fructose corn syrup, sugar yeast dextrose, cocoa processed with alkali, food starch-modified, egg whites, nonfat milk, salt, propylene glycol, calcium propionate and potassium sorbate (as preservatives) cellulose gel, cellulose gum, calcium sulfate and ammonium sulfate (yeast nutrients), titanium dioxide (as color), corn starch, natural and artificial flavor, ascorbic acid (as dough conditioner), caramel color, invert sugar.

Frosting (Powdered Sugar, Butter, Cream Cheese, Single Strength Vanilla)

Contains WHEAT, EGG, and MILK ingredients

Item: **Chocolate Chunk Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla, salt), eggs, molasses, baking soda, salt, natural and artificial flavors.

Contains WHEAT, EGG, MILK and SOY ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)

Amount per serving

	Calories: 370		
	Calories from fat: 170		
Total Fat	19g		29%
	Saturated Fat 9g		45%
	Trans Fat 0g		
Cholesterol	25mg		8%
Sodium	260mg		11%
Total Carbohydrate	50g		17%
	Dietary Fiber 1g		4%
	Sugars 28g		
Protein	4g		
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			15%

Item: **Sugar Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, salt, baking soda, natural and artificial flavors.

Contains WHEAT, EGG, MILK and SOY ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)

Amount per serving

	Calories: 370		
	Calories from fat: 150		
Total Fat	17g		25%
	Saturated Fat 8g		40%
	Trans Fat 0g		
Cholesterol	25mg		8%
Sodium	360mg		15%
Total Carbohydrate	51g		17%
	Dietary Fiber 1g		4%
	Sugars 27g		
Protein	4g		
Vitamin A			0%
Vitamin C			0%
Calcium			0%
Iron			10%

Item: **Triple Chocolate Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, white confectionary chunks (sugar, partially hydrogenated palm kernel oil, nonfat milk powder, soy lecithin, salt, natural flavor), eggs, alkalized cocoa powder, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla, salt), corn syrup, water, molasses, salt, baking soda, high fructose corn syrup, natural and artificial flavors.

Contains WHEAT, EGG, MILK and SOY ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)
Amount per serving

	Calories: 360		
	Calories from fat: 150		
Total Fat	17g		26%
	Saturated Fat 10g		50%
	Trans Fat 0g		
Cholesterol	25mg		8%
Sodium	280mg		12%
Total Carbohydrate	49g		16%
	Dietary Fiber 2g		8%
	Sugars 28g		
	4g		
Protein			
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			15%

Item: **Peanut Butter Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, peanut butter (blanched and roasted peanuts, dextrose, hydrogenated cottonseed and rapeseed oil, salt, monoglycerides), eggs, peanut butter chips (sugar, palm kernel oil, peanuts, peanut flour, lactose, sweet dairy whey, milkfat, nonfat milk, sodium caseinate, buttermilk, hydrogenated palm oil, soy lecithin, salt, artificial flavor), soybean oil, molasses, baking soda, salt, peanut oil, natural and artificial flavors.

Contains PEANUTS, WHEAT, EGG, MILK and SOY ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)
Amount per serving

	Calories: 390		
	Calories from fat: 210		
Total Fat	24g		37%
	Saturated Fat 9g		45%
	Trans Fat 0g		
Cholesterol	30mg		10%
Sodium	320mg		13%
Total Carbohydrate	42g		14%
	Dietary Fiber 1g		4%
	Sugars 26g		
	6g		
Protein			
Vitamin A			0%
Vitamin C			0%
Calcium			2%
Iron			10%

Item: **White Chocolate Macadamia Nut Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, white confectionary chunks (sugar, partially hydrogenated palm kernel oil, nonfat milk powder, soy lecithin, salt, natural flavor), eggs, , soybean oil, molasses, macadamia nuts, molasses, baking soda, salt, natural and artificial flavors.

Contains WHEAT, EGG, MILK, Macadamia Nuts, and SOY ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)
Amount per serving

	Calories: 380	
	Calories from fat: 170	
Total Fat	19g	29%
	Saturated Fat 10g	50%
	Trans Fat 0g	
Cholesterol	25mg	8%
Sodium	260mg	11%
Total Carbohydrate	49g	16%
	Dietary Fiber 1g	4%
	Sugars 29g	
Protein	4g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

Item: **Oatmeal Raisin Cookie**

Ingredients:

Enriched Flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, palm oil, raisins, rolled oats, eggs, water, leavening (baking soda, sodium, acid pyrophosphate, corn starch, monocalcium phosphate), molasses, salt, cinnamon, natural and artificial flavors.

Contains WHEAT and EGG ingredients

Nutrition Facts

Serving Size: 1 Cookie (3.0 oz/81g)
Amount per serving

	Calories: 340	
	Calories from fat: 140	
Total Fat	16g	25%
	Saturated Fat 8g	40%
	Trans Fat 0g	
Cholesterol	25mg	8%
Sodium	270mg	11%
Total Carbohydrate	46g	15%
	Dietary Fiber 2g	8%
	Sugars 24g	
Protein	4g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

Item: **Blueberry Muffin**

Ingredients:

Sugar, Bleached Enriched Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), eggs, soybean oil, blueberries, water, modified corn starch, whey, mono- and diglycerides, baking powder (baking soda, sodium, aluminum phosphate), vital wheat gluten, artificial and natural flavor, sodium stearoyl lactylate, sorbitan monostearate, nonfat milk, calcium acetate, guar gum xanthan gum corn starch polysorbate 60, partially hydrogenated soybean oil, milk, soy lecithin

Contains WHEAT, EGG, MILK and SOY ingredients

Item: **Raisin Bran Muffin**

Ingredients:

Water, Enriched Flour (wheat flour, malted barley, niacin, iron, thiamin mononitrate, riboflavin, folic acid), soybean oil, raisins, brown sugar, honey, wheat bran, sugar, eggs, baking soda, cinnamon, corn starch, artificial flavor.

Contains WHEAT, EGG, MILK and SOY ingredients

Item: **Banana Nut Muffin**

Ingredients:

Enriched Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Banana puree, sugar, water, soybean oil, brown sugar, walnut pieces, eggs, whey, salt, baking soda, cornstarch, sodium, aluminum phosphate, monocalcium phosphate, citric acid, ascorbic acid, artificial and natural flavor

Contains WHEAT, WALNUT, EGG, and MILK ingredients

Item: **Lemon Poppy Seed Muffin**

Ingredients:

Water, Bleached Enriched Flour (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), sugar, soybean oil, natural lemon flavored filling (water high fructose corn syrup, modified corn starch, lemonjuice concentrate, sodium benzoate (preservative), natural flavor, citric acid, colored with artificial color and yellow 5), poppy seed, eggs, whey, modified tapioca starch, egg white, sodium, aluminum phosphate, salt, baking soda, modified corn starch, monoglycerides, artificial flavor, yellow 5 and 6, citric acid (preservative).

Contains WHEAT, EGG, and MILK ingredients

Item: **Cranberry Nut Muffin**

Ingredients:

Enriched Flour (wheat flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid), sugar, cranberries, water, whole eggs, soybean oil, walnuts, dry whole milk, invert sugar, leavening (sodium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate) natural flavors, salt.

Contains WHEAT, EGG, and MILK ingredients

Bagels: Nutritional Information

	Calories	% Calories from Fat	% Calories from Carbohydrates	% Calories from Protein	Total Fat	Saturated Fat	Monounsaturated Fat	Polyunsaturated Fat	Cholesterol (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Protein (g)	Sodium (mg)	Potassium (mg)	Calcium (mg)	Iron (mg)	Zinc (mg)	Vitamin C (mg)	Vitamin A (i.u.)	Vitamin A (r.e.)	Vitamin B6 (mg)	Vitamin B12 (mcg)	Thiamin B1 (mg)	Riboflavin B2 (mg)	Folic acid (mcg)	Niacin (mg)	Caffeine (mg)	Alcohol (kcal)
Blueberry	391	4.8	54.3	40.9	2	t	t	t	0	52	12	40	6	77	42	1	2	t	2	0.0	0.3	0.0	t	0.1	31	1	0	0
Cinnamon Raisin	404	4.3	56.0	39.7	2	t	t	t	0	56	13	40	8	162	61	1	2	1	4	0.5	0.3	0.0	0.1	0.1	43	1	0	0
Cheddar	365	5.4	50.3	44.4	2	t	t	t	1	45	12	40	11	67	46	t	2	t	10	3.0	0.3	t	t	0.1	31	1	0	0
Chocolate Chip	444	10.5	53.6	35.9	5	2	1	t	0	60	13	40	9	139	49	1	3	t	2	0.0	0.3	0.0	0.1	0.1	37	1	7	0
Cranberry	409	4.1	56.7	39.2	2	t	t	t	0	57	13	40	11	109	48	1	2	t	t	0.0	0.3	0.0	t	0.1	42	1	0	0
Everything	384	8.3	49.2	42.5	4	t	t	1	0	47	13	40	1072	96	84	1	3	1	t	0.0	0.3	0.0	0.1	0.1	33	1	0	0
Fresco Bagels	446	4.5	57.5	37.9	2	t	t	t	0	64	15	42	6	170	48	1	3	t	t	0.0	0.3	0.0	0.1	0.1	40	2	0	0
Garlic	370	4.5	51.7	43.8	2	t	t	t	0	47	12	40	6	91	50	1	2	2	t	0.0	0.4	0.0	t	0.1	31	1	0	0
Honey-Wheat	444	4.6	57.4	38.1	2	t	t	t	0	64	15	42	6	170	48	1	3	t	t	0.0	0.3	0.0	0.1	0.1	40	2	0	0
Jalapeno	399	11.4	46.0	42.6	5	2	1	t	10	45	12	42	64	79	108	1	3	t	101	30.0	0.3	0.1	t	0.1	36	1	0	0
Multi-grain	408	7.9	51.7	40.4	4	t	t	1	0	52	13	41	77	66	48	1	2	t	t	0.0	0.3	0.0	0.1	0.1	31	1	0	0
Onion	363	4.6	51.1	44.3	2	t	t	t	0	46	12	40	5	76	41	t	2	t	t	0.0	0.3	0.0	t	0.1	32	1	0	0
Plain	361	4.6	50.8	44.6	2	t	t	t	0	45	12	39	5	66	39	t	2	t	t	0.0	0.3	0.0	t	0.1	31	1	0	0
Poppy Seed	380	8.2	49.0	42.9	3	t	t	1	0	46	12	40	6	91	91	1	3	t	t	0.0	0.3	0.0	0.1	0.1	31	1	0	0
Rye	394	5.0	53.5	41.5	2	t	t	t	0	52	13	40	5	111	51	1	3	t	5	0.5	0.3	0.0	0.1	0.1	32	1	0	0
Salt	361	4.6	50.8	44.6	2	t	t	t	0	45	12	39	4002	66	39	t	2	t	t	0.0	0.3	0.0	t	0.1	31	1	0	0
Sesame	401	11.8	47.2	41.0	5	t	1	1	0	47	13	41	8	95	49	1	3	t	5	0.5	0.3	0.0	0.1	0.1	38	1	0	0
Sourdough	376	5.0	51.7	43.3	2	t	t	t	0	48	12	40	387	71	40	1	2	1	2	0.0	0.3	0.0	t	0.1	36	1	0	0
Spinach Parmesan	389	7.1	49.7	43.2	3	1	t	t	3	48	12	41	85	146	109	1	3	3	805	86.0	0.3	0.1	t	0.1	54	1	0	0
Sun-dried Tomato	426	9.5	50.4	40.1	4	1	1	t	3	54	13	43	487	520	111	2	3	8	479	53.0	0.4	0.1	0.1	0.1	43	2	0	0
Swiss	364	5.2	50.3	44.4	2	t	t	t	1	45	12	40	7	67	48	t	2	t	8	2.5	0.3	t	t	0.1	31	1	0	0

Item: **Plain Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Contains WHEAT ingredients

Item: **Poppy Seed Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Poppy Seeds

Contains WHEAT ingredients

Item: **Sesame Seed Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

White hulled Sesame Seeds

Contains WHEAT ingredients

Item: **Onion Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Dehydrated onion

Contains WHEAT ingredients

Item: **Salt Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Untreated Salt.

Contains WHEAT ingredients

Item: **Garlic Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Minced Garlic.

Contains WHEAT ingredients

Item: **Everything Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

White Hulled Sesame Seed. Poppy Seed, Dehydrated Onion, Untreated Salt, Minced Garlic.

Contains WHEAT ingredients

Item: **Cheddar Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Cheddar Cheese.

Contains WHEAT ingredients

Item: **Swiss Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Swiss Cheese.

Contains WHEAT ingredients

Item: **Cinnamon Raisin Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Cinnamon, Raisins, Brown Sugar
Contains WHEAT ingredients

Item: **Blueberry Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.
Brown Sugar, Dried Blueberries, Sugar, Corn Syrup, Corn Cereal, Food Starch-Modified (corn and wheat), Partially Hydrogenated Vegetable Oil (cottonseed and/or soybean), Corn Starch, Natural and Artificial Flavor, Red #3, Blue #1, Yellow #6, Propylene glycol, xanthan gum, citric acid, sodium benzoate, FD&C blue #1 and red #40.

Contains WHEAT ingredients

Item: **Honey Wheat Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Whole Wheat Flour, Wheat Bran, Honey

Contains WHEAT ingredients

Item: **Chocolate Chip Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Brown Sugar, Semi-sweet Chocolate Chips

Contains WHEAT ingredients

Item: **Jalapeno Cheddar Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Jalapeno Peppers, Sharp Cheddar Cheese

Contains WHEAT ingredients

Item: **Cranberry Orange Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Brown Sugar, Dried Cranberries, Sugar, Soybean Oil, High Fructose Corn Syrup, ground oranges, corn syrup, sugar, food starch- modified, citric acid natural and artificial flavors, salt, potassium sorbate (as preservative), yellow 5, red 40, blue 1, alpha tocopherols as preservatives, soybean oil.

Contains WHEAT ingredients

Item: **Multigrain Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

High Fructose Corn Syrup, Oats, Sunflower Seeds, Millet, Flax, sea salt, cracked wheat, lactic acid, cultured wheat starch

Contains WHEAT ingredients

Item: **Spinach Parmesan Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Spinach, Parmesan Cheese, Garlic, Oregano, Brown Sugar

Contains WHEAT ingredients

Rye

Item: **Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Rye Flour, Brown Sugar, Caraway Seed, SP50 Caramel Color

Contains WHEAT ingredients

Item: **Sourdough Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Wheat flour, corn starch, Malted Barley Flour, Fumaric Acid, Malt powder, Acetic Acid, Lactic Acid

Contains WHEAT ingredients

Item: **Sundried Tomato Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Sundried Tomatos, Sundried Tomato Base

Contains WHEAT ingredients

Item: **Power Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Cinnamon, Raisins, Brown Sugar, Dried Cranberries, Wheat Bran, Walnuts, Sunflower Seeds

Contains WHEAT ingredients

Item: **Fresco Bagel**

Ingredients:

Enriched High Gluten Flour (wheat flour, malted barley flour, niacin, iron, ascorbic acid (vitamin C) added as a dough conditioner, thiamin mononitrate, riboflavin, folic acid), water, sugar, yeast, molasses, mono-diglycerides, L. Cysteine, Azodicarbonamide (ADA) Enzyme, Ammonium Chloride.

Whole Wheat Flour, Wheat Bran, Honey, Sugar, Cinnamon

Contains WHEAT ingredients